

# The GunnShot #64

## Last 3 patrols edition



20 April 2023

From: David Stogdale – President of Gunnamatta SLSC

This week's GunnShot has:

1. Patrols this weekend & ANZAC Day
2. New works at the Club – replaced the old grates
3. Car park works pretty much done
4. Mornington Peninsula Fun Run 30<sup>th</sup> April – Gunnamatta team
5. Member Recognition - Nominate your fellow Club Members for Club awards
6. LSV Awards of Excellence - Nominations open
7. New Training courses on MT from Anywhere
8. Public Safety Aquatic Rescue (PSAR 35) - Review your rescue text book
9. Patrol times reminder & Club Calendar link

### Patrols this weekend and ANZAC Day

Saturday 22 April – 4<sup>th</sup> Republic or Jow; Arrive 12.30pm for 1pm start. Patrol ends 4.30pm.

Sunday 23 April – Hooded Plovers; Arrive 9.30am for 10am start. Patrol ends 4.30pm

Tuesday 25 April - Young Gunns; Arrive 9.30am for 10am start. Patrol ends 4.30pm

### New works at the Club – Ventilation grates replaced

To compliment the refreshed external wall from last year, a small team of members designed, fabricated and installed new grates for ventilation. These look terrific and make the external walls look far better than before.

Thanks to Geoff Tobias for the hard work of getting the grates made and prepared in the matching colour; Rick and Chris Cozzio for their handy work with installation and our Clubhouse Manager, Stu Middleton for his input into the install as well.



This is a perfect example of members seeing a need, preparing the ground and getting the work done, benefitting all of the Club membership.

On behalf of all of the members, thank you to all involved. The result is terrific, making the Clubhouse look as good as it is., after the refurbishment last season.

<<<< North facing wall

North Facing Wall >>>>



# The GunnShot #64

## Last 3 patrols edition



### Car Park works...might be done now

We think that the works are now completed. It is not clear whether new lines will be marked for car parking spaces, but that was the intention.

As per previous advice, if you are going to arrive early for patrol or indeed need to access the area for any other reason please ensure that you have the combination details. All patrol leaders have this information.

Please avoid parking anywhere near the plant and equipment that will be parked inside the Club car park.

## Mornington Peninsula Running Festival – Gunnamatta SLSC team 30<sup>th</sup> April. NEXT WEEKEND

If you are intending to participate, please contact Gemma Cox ASAP.

The Mornington Peninsula Running Festival is being held on **Sunday 30th April** and with a few of our members already interested we're planning on entering a Gunnamatta team (extended to friends and family also)! If you are not already in our private Gunn event for the run/walk feel free to message Gemma Cox we will add you.  
[gemma.cox02@outlook.com](mailto:gemma.cox02@outlook.com)

There's something for everyone with a variety of distances to run or walk

- 1km kids dash (under 10 only)
- 5km run/walk
- 10km run/walk (8 years or older)
- 21.1km Half Marathon (16 yrs or older)

What to expect?

The event hosts scenic course, live music, electronic timing, pre run warm up. All finishers get a free medal & donut. Top 800 finishers get a beer too.

We will have a Gunnamatta marquee up on race day for everyone to be together. We are also looking into getting some Gunnamatta tops for our athletes and an end of run + end of patrolling season BBQ in the afternoon.

If you're interested in running or walking in this event sign up on the website (link attached below) and enter the code 'GSLSC' at checkout (I have a code option) which will put you in our team and gives you 10% off! <https://www.morningtonrunningfestival.com/>



# The GunnShot #64

## Last 3 patrols edition



## Member recognition – nominate one of your fellow members for an award

This is your opportunity to nominate a fellow member.

The Club Committee has endorsed a member recognition process to allow all members to nominate others for awards within the Club. To allow you to nominate Members who you consider to be deserving of an award, please use the forms we have constructed for this purpose. We have prepared forms for the following awards:

Patrol member award: <https://forms.gle/tzijWpQSLohQcM6dA>

Best Non active Member: <https://forms.gle/xoS2Y75NxZB1j3zp7>

Red Pepper improver: <https://forms.gle/GAMPSOm4u8XAENGK7>

Best Junior patroller: <https://forms.gle/Me3tACqMDGn5HYTq8>

Best Senior Patroller: <https://forms.gle/FeMHMYZxQbJmNfWAA>

Best Junior Club Member: <https://forms.gle/Wi1VNLTGV7wsV4LP6>

Best Senior Club Member: <https://forms.gle/Ckj6kArjPhXwu4vq7>

There are other awards within the club, perhaps the most important of these is the President's award. This is issued at the discretion of the President for recognition of a member, or not, for service or actions that are not otherwise to be considered in the awards that we already have. It may be that you consider a person should be recognised for an outstanding effort or some other basis.

Please feel free to send me a note with the nomination you would like to make. My email is [president@gunnamattaslc.com.au](mailto:president@gunnamattaslc.com.au)

## LSV Awards of Excellence – Nominations open

The LSV Awards of Excellence are also open. The LSV Honours & Awards Committee (HaAC) manages the nomination and selection process for major awards each year. I am on the HaAC and take pride in the preparation of the awards event in August each year.

There are many awards up for grabs. To see what is available and make a nomination for someone in our Club please go to the Member recognition manual and have a look.

Go to: <https://lsv.com.au/wp-content/uploads/Circular-300.03.23-AOE-Nominations-Open.pdf>

This is a great way to recognise the service and achievements of our members.

The Awards of Excellence evening on 12<sup>th</sup> August at the Sofitel will be a grand affair with about 500 in attendance from LSV Clubs and affiliate organisations.

More on this later.

# The GunnShot #64

## Last 3 patrols edition



### New Training courses at LSV and other Clubs.

Each week we will continue to highlight the many courses that are on the agenda from LSV (at State Centre – Port Melbourne ) and at other Clubs. All of these courses are on the Member Training from Anywhere portal

***Our Club goal is to have over 50% of our patrollers holding current First Aid and Advanced Resus qualifications before the start of next season.***

Date	Location	Course
22-23 April 2023	Mordialloc LSC	Training Officer Certificate
29 April 2023	LSV State Centre	ART & First Aid – ARTFA
6 <sup>th</sup> May 2023 <b>THIS IS NOW FULL</b>	<b>Gunnamatta SLSC</b>	<b>Side by Side veh operator (upgrade and for new holders)</b>
6 May 2023	LSV State Centre	ART & First Aid – ARTFA
03 June 2023	LSV State Centre	ART & First Aid - ARTFA
17 & 18 June 2023	Frankston LSC	Training Officers Certificate
17 June 2023	LSV State Centre	ART & First Aid - ARTFA
26-27 June 2023 (Monday and Tuesday)	Fairhaven SLSC	Training Officers Certificate

All of these courses are open now. If you wish to attend one of the Training Officer courses please give me a call and we can discuss. The Club will run SSV courses at the end of the season for those that need to upskill to the new qualification. SRC's are eligible to attend ART/FA courses. NON patrolling Members (Nipper parents) may also attend these courses.

In order to check your qualifications, go to your individual member account inside the SLSA Members portal and search your qualifications. It will show you your current qualifications and your last proficiency date.

While you are there, check that your Skills Maintenance has been updated. Your proficiency and expiry for Bronze Medallion should be there. If it looks as though it has not been updated, please let us know via email:

[training@gunnamattaslsc.com.au](mailto:training@gunnamattaslsc.com.au)

# The GunnShot #64

## Last 3 patrols edition



### **PSAR 35 – available on line**

The Surf Lifesaving Text book, the Public Safety Aquatic Rescue handbook (PSAR) is now largely available for you to view at your convenience.

Click on the links and have a read.

#### Chapter 3 – Radio Operations

[https://drive.google.com/file/d/1\\_H6hXQATBldTgujxEBarT4Mgb182UIW1/view?usp=sharing](https://drive.google.com/file/d/1_H6hXQATBldTgujxEBarT4Mgb182UIW1/view?usp=sharing)

#### Chapter 10 – Patrol Operations

<https://drive.google.com/file/d/10bem5sUESR3sP6HwfdnUllsHATK-Wa7j/view?usp=sharing>

#### Chapter 2 – Safety & Wellbeing

[https://drive.google.com/file/d/1MjTKOcYg3txcavLDyij\\_zbt\\_n4c-CoPQ/view?usp=share\\_link](https://drive.google.com/file/d/1MjTKOcYg3txcavLDyij_zbt_n4c-CoPQ/view?usp=share_link)

#### Chapter 9 – Spinal Management

[https://drive.google.com/file/d/19sL-RTe1-D5Vk06PvhnR8pzMleknXe6/view?usp=share\\_link](https://drive.google.com/file/d/19sL-RTe1-D5Vk06PvhnR8pzMleknXe6/view?usp=share_link)

#### Chapter 7 - Emergency Care

[https://drive.google.com/file/d/1sDdu2KuF4BAghCxWwwqi\\_EaaU3kXdWNI/view?usp=share\\_link](https://drive.google.com/file/d/1sDdu2KuF4BAghCxWwwqi_EaaU3kXdWNI/view?usp=share_link)

#### Chapter 6 – Resuscitation

[https://drive.google.com/file/d/1A1FpTEzVKE1SipAnvwT8DEBK5wors51P/view?usp=share\\_link](https://drive.google.com/file/d/1A1FpTEzVKE1SipAnvwT8DEBK5wors51P/view?usp=share_link)

#### Chapter 5 - Rescue

[https://drive.google.com/file/d/1i\\_meoKnTwLRCvfJD82ErNN0fA0SjA6uY/view?usp=sharing](https://drive.google.com/file/d/1i_meoKnTwLRCvfJD82ErNN0fA0SjA6uY/view?usp=sharing)

#### Chapter 4 - Surf Awareness

[https://drive.google.com/file/d/1j04ec1zE2V806V\\_6XiSmJ-o9twULoSiz/view?usp=share\\_link](https://drive.google.com/file/d/1j04ec1zE2V806V_6XiSmJ-o9twULoSiz/view?usp=share_link)

These chapters are provided so that patrollers can remind themselves of the key features of the technical aspects that are tested when the LSV assessors attend for a patrol check.

# The GunnShot #64

## Last 3 patrols edition



### **Patrol times Reminder:**

**Post peak season dates: 27th of February- 25th of April.**

Saturday post season 1:00pm flags up - 4:30 flags down

Sunday (and public holidays) post season 10:00am flags up - 4:30 flags down

*Always aim to be there at least half an hour (30 minutes) before flags up to set up for patrol.*

**Club Calendar – go to the soft copy for ALL the information.**

Go to this link:

[https://docs.google.com/spreadsheets/d/1D2M73ZDfHvZZ\\_CjGRYYKk1E5c68Ho0PFpnMP60QTboQ/edit?usp=sharing](https://docs.google.com/spreadsheets/d/1D2M73ZDfHvZZ_CjGRYYKk1E5c68Ho0PFpnMP60QTboQ/edit?usp=sharing)

See All the patrol lists, Nipper dates, Training Schedule, Social Calendar, Sport team dates and of course the whole season dates. This is in a spreadsheet format and will be updated as needs be. We will advise of updates, but you should copy the link into your device and keep it handy.

To see the hard copy of the Club Calendar – go to the face book page or Team App.

*It's been a long season, with much to reflect on.*

*Thank you for your support and dedication.*

*See you soon,*

**David Stogdale**  
**President**

[president@gunnamattaslsc.com.au](mailto:president@gunnamattaslsc.com.au)

**Tel: 0414223324**