

The GunnShot #62

Easter edition



6 April 2023

From: David Stogdale – President of Gunnamatta SLSC

This week's GunnShot has:

1. Patrols this weekend
2. Car park works...yes still going
3. Mornington Peninsula Fun Run 30th April – Gunnamatta team
4. Member Recognition - Nominate your fellow Club Members for Club awards
5. LSV Awards of Excellence - Nominations open
6. Reminder to claim expenses – books close end of April
7. SOP 1.08 – Inclement Weather procedures
8. New Training courses on MT from Anywhere
9. Public Safety Aquatic Rescue; Ch 10 – Patrol Operations
10. Patrol times reminder
11. Club Calendar – use the link to view it in real time.

Patrols this EASTER weekend - Good Friday - Easter Monday

Friday 7th April – 4th Republic of Jow; Arrive 9.30am for 10am start. Patrol ends 4.30pm

Saturday 8th April – Hooded Plovers; Arrive 12.30pm for 1pm start. Patrol ends 4.30pm.

Sunday 9th April – Young Gunns; Arrive 9.30am for 10am start. Patrol ends 4.30pm

Monday 10th April – HellFish; Arrive 9.30am for 10am start. Patrol ends 4.30pm

Car Park works continue at main car park

The works at the main car park appear to be still going on.

There is now a second gate that accesses the main car park. It has a combination lock on it. The Combination is the same as the other temporary lock at the Club car park.

If you are going to arrive early for patrol or indeed need to access the area for any other reason please ensure that you have the combination details. All patrol leaders have this information.

As previously advised, we anticipate that the public will be parking in the first car park where there will be signage directing the public to the main beach patrol area.

Members who park inside the Club car park, should use the areas near the rubbish bin and also only the area on the side close to the Toilet block in the main club car park area.

Please avoid parking anywhere near the plant and equipment that will be parked inside the Club car park.

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Mornington Peninsula Running Festival – Gunnamatta SLSC team

The Mornington Peninsula Running Festival is being held on Sunday 30th April and with a few of our members already interested we're planning on entering a Gunnamatta team (extended to friends and family also)!

If you are not already in our private Gunn event for the run/walk feel free to message [Gemma Cox](#) and we will add you 😊😊

There's something for everyone with a variety of distances to run or walk

- 1km kids dash (under 10 only)
- 5km run/walk
- 10km run/walk (8 years or older)
- 21.1km Half Marathon (16 yrs or older)

What to expect?

The event hosts scenic course, live music, electronic timing, pre run warm up. All finishers get a free medal & donut. Top 800 finishers get a beer too.

We will have a Gunnamatta marquee up on race day for everyone to be together. We are also looking into getting some Gunnamatta tops for our athletes and an end of run + end of patrolling season BBQ in the afternoon.

Entries are selling our fast! So we hope to enter our team ASAP.

If you're interested in running or

walking in this event sign up on the website (link attached below) and enter the code 'GSLSC' at checkout (I have a code option) which will put you in our team and gives you 10% off!

<https://endurancecui.active.com/.../81231232/select-race...>

Please also fill out the google form below to give us an idea of numbers etc and feel free to send it to your family and friends.

[https://docs.google.com/document/d/1ax-](https://docs.google.com/document/d/1ax-Kvq0VwF8hnn54HI0KQ_QjThDETVFgtDC9gsDL6O8/edit?fbclid=IwAR0CCq8iO3r9iw5EI9UK52_7Rk_bBh-EZx4eVHqf_EUn-BN7PYvqacqybQ)

[Kvq0VwF8hnn54HI0KQ_QjThDETVFgtDC9gsDL6O8/edit?fbclid=IwAR0CCq8iO3r9iw5EI9UK52_7Rk_bBh-EZx4eVHqf_EUn-BN7PYvqacqybQ](https://docs.google.com/document/d/1ax-Kvq0VwF8hnn54HI0KQ_QjThDETVFgtDC9gsDL6O8/edit?fbclid=IwAR0CCq8iO3r9iw5EI9UK52_7Rk_bBh-EZx4eVHqf_EUn-BN7PYvqacqybQ)

https://instagram.com/gunnamattaslsc_?igshid=MjkzY2Y1YTY=

**MORNINGTON PENINSULA
RUNNING FESTIVAL**

Sunday 30th April 2023

Mornington

1km / 5km / 10km / 21.1km

Team T-shirts available

BBQ post run @ Gunn

Follow the link below for registrations and enter the code 'GSLSC' to be apart of the Gunn team and receive a 10% discount

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Member recognition – nominate another member for an award

The Club committee has endorsed a Member recognition process to allow all members to nominate others for awards within the Club. To allow you to nominate Members who you consider to be deserving of an award, please use the forms we have constructed for this purpose.

We have prepared forms for the following awards:

Patrol member award: <https://forms.gle/tzijWpQSLohQcM6dA>
Best Non active Member: <https://forms.gle/xoS2Y75NxZB1j3zp7>
Red Pepper improver: <https://forms.gle/GAMPSQm4u8XAENGK7>
Best Junior patroller: <https://forms.gle/Me3tACqMDGn5HYTq8>
Best Senior Patroller: <https://forms.gle/FeMHMYZxQbJmNfWAA>
Best Junior Club Member: <https://forms.gle/Wi1VNLTGV7wsV4LP6>
Best Senior Club Member: <https://forms.gle/Ckj6kArjPhXwu4vq7>

There are other awards within the club, perhaps the most important of these is the President's award.

This is issued at the discretion of the President for recognition of a member, or not, for service or actions that are not otherwise to be considered in the awards that we already have.

It may be that you consider a person should be recognised for an outstanding effort or some other basis.

Please feel free to send me a note with the nomination you would like to make. My email is president@gunnamattaslc.com.au

LSV Awards of Excellence – Nominations open

The LSV Awards of Excellence are also open. The LSV Honours & Awards Committee (HaAC) manages the nomination and selection process for major awards each year. I am on the HaAC and take pride in the preparation of the awards event in August each year.

There are many awards up for grabs. To see what is available and make a nomination for someone in our Club please go to the Member recognition manual and have a look.

Go to: <https://lsv.com.au/wp-content/uploads/Circular-300.03.23-AOE-Nominations-Open.pdf>

This is a great way to recognise the service and achievements of our Members.

The Awards of Excellence evening on 12th August at the Sofitel will be a grand affair with about 500 in attendance from LSV Clubs and affiliate organisations.

More on this later.

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Reminder to claim expenses – Books close end of April

As we move closer to the end of the financial year for the Club (end of April for us), there are many members that have paid for expenses but not claimed them back from the Club.

Claiming expenses is very important as it provides the Club with a far better picture of the real costs of running the various activities during the season. Send expense receipts to treasurer@gunnamattaslc.com.au

Some members claim the expenses they have incurred and then when reimbursed, make a donation (tax deductible) to the Club. This is an effective way to ensure that your generosity is at least partially offset. The Club will provide donation receipts to all donations made.

Inclement Weather Procedures – SOP 1.08

An Inclement Weather decision enables members to vary patrolling methods during a period of inclement weather or reduced weather conditions. The purpose of an Inclement Weather decision is to ensure the safety of the public with consideration given to the safety and wellbeing of patrolling members.

After consideration has been given to the weather forecast and observed weather conditions patrolling members may seek shelter in a Club House, building or club facility (eg Patrol Tower). Members must ensure that a visible surveillance of the patrol area is maintained, with members able to affect an immediate emergency response if required.

Both a Full Patrol and a Low Patronage Patrol may decide to enact an Inclement Weather decision for the period on the day that inclement weather conditions are experienced.

Minimum Equipment on Beach

- A rescue tube with fins and or a rescue board.
- Red and Yellow Patrol Feather Flags are to be in place. Board Riders Flags (if applicable).
- Beach closed/swimming dangerous signs are not to be displayed.
- 1 operational IRB at water's edge (ONLY applicable to a Full Patrol service)

Considerations

- LSV Comms must be notified when a beach status is changed to inclement weather.
- At least two patrol members must be allocated to observe the beach at all times.
- Minimum patrol strength must be maintained in the vicinity of the beach or Club House.
- Should the public be swimming between the flags when the weather is inclement, the Patrol Captain should revert to normal beach patrol in line with minimum

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New Training courses at LSV and other Clubs.

Each week we will continue to highlight the many courses that are on the agenda from LSV (at State Centre – Port Melbourne) and at other Clubs. All of these courses are on the Member Training from Anywhere portal

Our Club goal is to have over 50% of our patrollers holding current First Aid and Advanced Resus qualifications before the start of next season.

Date	Location	Course
15 April 2023	LSV State Centre	ART & First Aid – ARTFA
13, 15, 22,23 April 2023	Elwood LSC	Silver Medallion IRB Driver
13,16,22,23 April 2023	Elwood LSC	IRB Crew
22-23 April 2023	Mordialloc LSC	Training Officer Certificate
29 April 2023	LSV State Centre	ART & First Aid – ARTFA
6 th May 2023 Note changed date	Gunnamatta SLSC	Side by Side veh operator (upgrade and for new holders)
6 May 2023	LSV State Centre	ART & First Aid – ARTFA
03 June 2023	LSV State Centre	ART & First Aid - ARTFA
17 & 18 June 2023	Frankston LSC	Training Officers Certificate
17 June 2023	LSV State Centre	ART & First Aid - ARTFA
26-27 June 2023 (Monday and Tuesday)	Fairhaven SLSC	Training Officers Certificate

All of these courses are open now. If you wish to attend one of the Training Officer courses please give me a call and we can discuss. The Club will run SSV courses at the end of the season for those that need to upskill to the new qualification. SRC's are eligible to attend ART/FA courses. NON patrolling Members (Nipper parents) may also attend these courses.

In order to check your qualifications, go to your individual member account inside the SLSA Members portal and search your qualifications. It will show you your current qualifications and your last proficiency date.

While you are there, check that your Skills Maintenance has been updated. Your proficiency and expiry for Bronze Medallion should be there. If it looks as though it has not been updated, please let us know via email:

training@gunnamattaslsc.com.au

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Public Safety Aquatic Rescue Chapters – this week Ch 10 Patrol Operations

Chapter 10 – Patrol Operations

<https://drive.google.com/file/d/10bem5sUESR3sP6HwfdnUIIsHATK-Wa7j/view?usp=sharing>

Chapter 2 – Safety & Wellbeing

https://drive.google.com/file/d/1MjTKOcYg3txcavLDyij_zbt_n4c-CoPQ/view?usp=share_link

Chapter 9 – Spinal Management

https://drive.google.com/file/d/19sL-RTe1-D5Vk06PvhnR8pzxMleknXe6/view?usp=share_link

Chapter 7 - Emergency Care

https://drive.google.com/file/d/1sDdu2KuF4BAghCxWwwqi_EaaU3kXdWNI/view?usp=share_link

Chapter 6 – Resuscitation

https://drive.google.com/file/d/1A1FpTEzVKE1SipAnvwT8DEBK5wors51P/view?usp=share_link

Chapter 5 - Rescue

https://drive.google.com/file/d/1i_meoKnTwLRCvfJD82ErNN0fA0SjA6uY/view?usp=sharing

Chapter 4 - Surf Awareness

https://drive.google.com/file/d/1j04ec1zE2V806V_6XiSmJ-o9twULoSiz/view?usp=share_link

Look each week to see a new chapter.

These chapters are provided so that patrollers can remind themselves of the key features of the technical aspects that are tested when the LSV assessors attend for a patrol check.

Each week we will provide another chapter to assist all when it comes time for a patrol check.

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Patrol times Reminder:

Post peak season dates: 27th of February- 25th of April.

Saturday post season 1:00pm flags up - 4:30 flags down

Sunday (and public holidays) post season 10:00am flags up - 4:30 flags down

Always aim to be there at least half an hour (30 minutes) before flags up to set up for patrol.

Club Calendar – go to the soft copy for ALL the information.

Go to this link:

https://docs.google.com/spreadsheets/d/1D2M73ZDfHvZZ_CjGRYYKk1E5c68Ho0PFpnMP60QTboQ/edit?usp=sharing

See All the patrol lists, Nipper dates, Training Schedule, Social Calendar, Sport team dates and of course the whole season dates. This is in a spreadsheet format and will be updated as needs be. We will advise of updates, but you should copy the link into your device and keep it handy.

To see the hard copy of the Club Calendar – go to the face book page or Team App.

See you soon,

David Stogdale
President

president@gunnamattaslc.com.au

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